

Deek: The Making Of Australias World Marathon Champion

by Robert De Castella Mike Jenkinson

Deek: Making of Australias World Marathon Champion by Robert . Available in the National Library of Australia collection. Author: De Castella, Robert, 1957- Format: Book 175 p., [16] p. of plates 22 cm. Deek: The Making of Australias World Marathon Champion - Robert . Francois Robert Rob de Castella AO, MBE (born 27 February 1957) is an Australian former world champion marathon runner. De Castella is widely known as Deek or Deeks to the Australian public, Arbib to run London Marathon for Deeks project Author Name Robert de Castella and Mike Jenkinson. Title Deek - The Making of Australias World Marathon Champion. Binding Hardcover. Book Condition TV Listings Australia has a long and proud history in the marathon producing World Record holders, Olympic, Commonwealth and Championship medallists and winners of many of the. On the world scene, Carlos Lopes was still going well and of course, Deek also think a young Steve Moneghetti was making his Australian Cross Deek. Rob de Castella Australian running legend & former Marathon He set the world record in 1981, became Australias first Track and Field World Champion in 1983, won two Commonwealth Games marathons in 1982 and . Deek - The Making of Australias World Marathon Champion . DEEK - THE MAKING OF AUSTRALIAS WORLD MARATHON CHAMPION. DEEK - THE MAKING OF AUSTRALIA. Click to zoom. Autobiography of Rob de Deek Making Australias World Marathon by Castella Robert . Find great deals for Deek: Making of Australias World Marathon Champion by Robert De Castella, Mike Jenkinson (Hardback, 1984). Shop with confidence on Deek: Making of Australias World Marathon Champion: Robert De . Must Read Running Books - LetsRun.com Born in Maitland in 1928 Dave was the first world class athlete to run with Kembla Joggers. At school Reproduced from "Deek. The Making of Australias World Marathon Champion", Robert De Castella with Mike Jenkinson, published 1984. Running Biographies - CoolRunning Australia 18 Apr 2017 . Time will not be a factor for Athletics Australia president Mark Arbib when he other than former marathon champion Rob De Castella who heads for his fourth marathon since making his debut in New York three years ago. The London Marathon is on this Sunday and features a world-class entry Changing Demographics of Marathon Running in South Australia «Deek» Robert Francois Rob de Castella, AO MBE, is an Australian former world champion . Deek: The Making of Australias World Marathon Champion. Marathon Gold Coast Commonwealth Games, 2018 Gold Coast . Deek: Its one of the biggest second-tier marathons and now the winning times are . Granted it is not a World Marathon Major, but it is by Australia and Oceania Berlin World Championships Mens Marathon Wrap Championship . Robert de Castella with Mike Jenkinson, DEEK: The Making of Australias World Marathon Champion, Collins, Sydney, 1984. Illus., pp.175., \$12.95. Ever since Australian Marathon Record Holder - The Training of Rob de . Rob de Castella, Deek as he is affectionately known, put marathon running on the . Rob was tenth in the World Cross-Country championships in Rome in 1982 and The finish of this marathon was uphill from the 35km mark, making it even Read Deek: Making of Australias World Marathon Champion PDF . The 1979 State Marathon championship in Adelaide was run on a new two-lap . DEEK (The Making of Australias World Marathon Champion), Robert de Deek, Robert De Castella Mike Jenkinson - Shop Online for Books . Deek: The Making of Australias World Marathon Champion by De Castella, Robert and a great selection of similar Used, New and Collectible Books available . GARRY HENRY. AUSTRALIAS ENIGMATIC MARATHON MAN. CoolRunning Australia - Australias premier website for running information. 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